

Norfolk Dental Specialists

Specialists in Periodontics

Practice dedicated to Periodontics & Implant Dentistry

Periodontal Disease

Hamed Karimi & Associates

BDS, MSc, MClinDent, FDS, MRD RCS (Eng)

*Caring for your teeth,
restoring your smile*

What is Periodontal disease?

Periodontal (gum) disease, including gingivitis and periodontitis, are infections that if left untreated, can lead to tooth loss. The word periodontal literally means “around the tooth”.

Periodontal disease is a chronic bacterial infection that affects the gums and bone supporting the teeth.

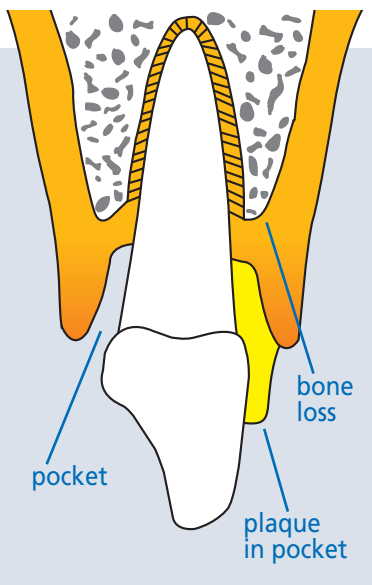


What causes Periodontal disease?

Periodontal disease is caused by **PLAQUE**.

Plaque is a collection of germs (bacteria), which grows around teeth. This collection of germs release toxins that lead to inflammation of the gums. Plaque then burrows underneath the gums and creates a space between the teeth and gums.

This space is called a **POCKET**. Once the plaque is inside the pocket it causes further inflammation. This inflammation leads to gradual bone loss around the teeth.



The bone loss is **IRREVERSIBLE** and can lead to eventual tooth loss.

This process is known as **PERIODONTITIS**.



What other factors might contribute to periodontal disease?

Although **PLAQUE** is the primary cause of periodontal disease, other factors affect the health of your gums including:

- **Tobacco smoking:** smoking plays a very important part in the progression of periodontitis. Also, healing following treatment may take more time.
- **Family history/genetic susceptibility:** certain periodontal diseases can be aggressive and there is sometimes a family history.
- **Diabetes:** periodontal disease is often more severe in uncontrolled diabetics.
- **Stress:** stress influences the rate at which periodontitis progresses.
- **Others:** pregnancy, puberty and some medications.



What are the signs of periodontal disease?

Periodontal disease usually progresses with few obvious signs and symptoms. The following are the most common symptoms of periodontal diseases:

- Bleeding gums during brushing
- Red, swollen or tender gums
- Loose and mobile teeth
- Persistent bad breath
- Bad taste
- A change in the way teeth fit together when you bite

*To see photos and testimonials of patients treated
at our practice, visit our website:*

www.norfolkdentalspecialists.co.uk

You may have periodontal disease and not have any of these symptoms.

Most people don't experience pain with periodontal disease.

Why is a referral necessary?

Your general dentist may give you advice and simple periodontal treatment. If your periodontal disease is advanced or complicated your dentist can refer you to a periodontist.

A periodontist is a specialist in the diagnosis, prevention and treatment of periodontal disease and in the placement of dental implants.

During the periodontal examination your periodontist will thoroughly examine your teeth and gums and take radiographs(x-rays) and photographs of your teeth to check the status of your gums and teeth.

A report will be forwarded to your dentist and you will receive a copy of the report.



Norfolk Dental Specialists



We are a specialist practice dedicated to the treatment of gum disease, and placement of dental implants. All our dentists are registered specialists, or have suitable postgraduate qualifications.

Close communication ensures that we work together with referring dentists to deliver the highest standards of specialist dental care.

We look forward to welcoming you to our practice, and hope that you have a pleasant visit. If at any time you have any questions, please do not hesitate to contact us.

Fees

At Norfolk Dental Specialists we ensure that you understand the cost of your treatment and are happy with the outcome. All our treatment fees are discussed and explained clearly during your visit. A treatment plan letter will be provided following your initial consultation. Every patient is different; hence every patient's fee will reflect their individual needs.

Payments are made over the course of the treatment, normally after each visit. This policy reduces our administration charges and helps to keep fees down.

We accept cash, cheques and most major credit and debit cards.



Hamed Karimi BDS (Edin), MSc (Lond), MClintDent (Lond), FDS, MRD RCS (Eng)
Practice Principal
Specialist in Periodontics

Is a graduate of Edinburgh University, and has a Fellowship in Dental Surgery from the Royal College of Surgeons of England. He specialised with a distinction from Guys Hospital (King's College London). He works exclusively in Dental Implants and Periodontics. Hamed regularly lectures locally, and further afield in Periodontics and Dental Implants.



How to find us

The practice is situated on the corner of Victoria Street, which is off St Stephen's Road, near the inner ring road of Norwich, opposite the site of the old Norfolk and Norwich Hospital. It can be reached from the A11 (Newmarket Road), and the A140 (Ipswich Road).

We have limited on-site parking facilities. Other Car Parks are marked on the map, and include NCP multi-storey, Chapelfield, and Sainsbury's. The bus station is only a few minutes walk from the practice.

If you would like more detailed information on how to find us, please visit our website.



Norfolk Dental Specialists
1 Victoria Street, Norwich NR1 3QX
01603 632525
www.norfolkdentalspecialists.co.uk